

Villa Pineta

Cardiopulmonary Rehabilitation Hospital
Pavullo nel Frignano, Emilia Romagna, Italy



Villa Pineta, a private 190-bed hospital, was founded in 1932 as a center to treat respiratory diseases, mainly tuberculosis. As public health in Italy improved and the incidence of tuberculosis diminished, Villa Pineta expanded its mission. The renowned hospital now specializes in treatment and rehabilitation of cardiopulmonary diagnoses, metabolic diseases, and obesity. It is accredited by the Italian Ministry of Health.



Pavullo nel Frignano in Emilia Romagna

Near Modena, Pavullo is a good center for exploration of northern and central Italy, including Milan, Verona, Venice, and Florence. Several Appenine mountain ski resorts, including Abetone, are in the vicinity, and Rimini, on Emilia Romagna's eastern coast, is the most famous nearby beach resort. The economy is heavily automotive, and noted firms like Ferrari, Lamborghini, Maserati, and Ducati are headquartered there. The cities of Bologna, Modena and Parma are noted for art, architecture, and agricultural and gastronomic products, including some of Italy's best pasta, ham, cheese, olive oil, and balsamic vinegar.



American DPT Students with Italian Clinical Instructors

A staff of pulmonologists, cardiologists, physiatrists, geriatricians, endocrinologists and 14 physical therapists provides examination, medical testing, treatment and rehabilitation in several services, including:

- an 8-bed respiratory intensive care and weaning unit
- a 14-bed cardiac diseases unit
- a 67-bed respiratory disease unit, including 10 beds for long-term care
- a 14-bed metabolic disease and obesity unit
- an 87-bed ortho/neuro unit, mainly long-term care
- a 20-person day hospital unit, and
- an outpatient service for 10 to 25 visits a day



Medical Testing and Exercise Gym Areas at Villa Pineta

The medical team also includes other medical specialties, speech pathologists, nurses, psychologists, and nutritionists. Villa Pineta is a site for professional training and residencies for the nearby University of Modena and Reggio Emilia, as well as the Universities of Verona, Padua and Torino.



Respiratory Critical Care and Ventilator Weaning Unit

Villa Pineta's innovative ventilator weaning program has achieved a high level of success with patients who are status post multiple trauma, recovering from cardiopulmonary surgery, and diagnosed with neurological disease. Physical therapy interns working in this unit have the opportunity to learn numerous specialized skills, including heart and lung auscultation, aspiration prevention and response, spirometry test interpretation, dysphagia evaluation, decubitus ulcer prevention, and postural drainage techniques.



Cardiopulmonary Physical Therapy Treatment Gym

Based on promotional literature and interviews provided by:

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